

# Test Content Outline Effective Date: October 23, 2024

Nursing Case Management Board Certification Examination

There are 150 questions on this examination. Of these, 125 are scored questions and 25 are pretest questions that are not scored. Pretest questions are used to determine how well these questions will perform before they are used on the scored portion of the examination. The pretest questions cannot be distinguished from those that will be scored, so it is important for a candidate to answer all questions. A candidate's score, however, is based solely on the 125 scored questions. Performance on pretest questions does not affect a candidate's score.

This test content outline identifies the areas that are included on the examination. The percentage and number of questions in each of the major categories of the scored portion of the examination are also shown. *Note: The examples in parentheses are not all inclusive and do not indicate importance.* 

Category	Content Domain		Number of Questions	Percentage
	Professional Foundation		27	22%
II	Care Coordination		37	30%
111	Quality Management		32	26%
IV	Health Promotion		29	23%
		TOTAL	125	100%*

\*Total does not come to 100 because of rounding.



# I. Professional Foundation

- A. Knowledge
  - 1. ANA Code of Ethics for Nurses with Interpretive Statements
  - 2. CMSA Standards of Practice for Case Management (eg, patient advocacy)
  - 3. Concepts of nursing case management
  - 4. Nursing scope and standards of practice

## II. Care Coordination

#### A. Knowledge

1. Technology/trends used in care management

## B. Skill

- 1. Utilization management (eg, authorizations, denials and appeals)
- 2. Benefit management (eg, payor reimbursement, cost sharing, coordination of benefits)
- 3. Resource coordination (eg, providers, community)
- 4. Transition of care management (eg, planning, facilitation, evaluation)

## III. Quality Management

## A. Knowledge

- 1. Clinical guidelines
- 2. Evidence-based practice
- 3. Government health care regulations

#### B. Skill

- 1. Data management (eg, collection, analysis, benchmarking)
- 2. Performance improvement (eg, outcome measurement and evaluation)

# **IV. Health Promotion**

- A. Knowledge
  - 1. Disease management
  - 2. Wellness promotion

#### B. Skill

- Patient education (eg, readiness for change, motivational interviewing, health literacy, medication reconciliation, safety, therapeutic communication, advanced care planning)
- Population health initiatives (eg, screenings/risk stratifications, risk-reduction strategies, health equity, social drivers/determinants of health)

#### Last Updated: February 9, 2024